



Lakes Region Triathlon Club Constitution

ARTICLE I Club Purpose: The Lakes Region Triathlon club is established to foster national and international multi-sport competition through the support and development of amateur athletes throughout, but not limited to, the Lakes Region of New Hampshire within the meaning of Section 501 (c) (3) of the Internal Revenue Code (or the corresponding provision of any future United States Internal Revenue Law).

ARTICLE II Club Name: The official name shall be LAKES REGION TRIATHLON CLUB

ARTICLE III Club Membership: Membership shall be open to any individual who shares in the common purpose of the Lakes Region Triathlon Club and who agrees to the terms of membership as established by the Board of Directors. Membership shall be granted without discrimination upon basis of race, creed, color, religion, age, sex, national origin, and physical or mental handicap.

ARTICLE IV Club Board of Directors and Officers: The Board of Directors shall be a five member board. Four officers shall comprise the Club Executive Committee. Terms of office shall be for two years starting on January 1 of the calendar year. At least two Director seats shall be open for nomination each year starting the second year with two randomly drawn seats to be available for nomination.

Officers shall be appointed for a one year term by the Board of Directors and shall be:

President – presides over meetings, can appoint to fill board vacancies.

Vice President – acts as president in the absence of the president. Responsible for guest speakers at club meetings.

Secretary – responsible for keeping accurate minutes at all meetings. Keeps a current roster of club members.

Treasurer – collects club's dues, pays club debts, and accounts for club's finances with a bimonthly report.

Directors may be Officers. Non-Officer Directors participate in officer's meetings and vote on club's policies.

ARTICLE V Executive Committee: The Executive Committee is comprised of the Officers and Directors. Executive Committee meetings shall be held at least bimonthly at a mutually agreeable time. Dates and times of Executive Committee meetings and agenda items are to be posted on the club's website or by email to the members. Special meetings may be called by the President and/or five current club members who petition the Executive Committee in writing. Executive Committee meetings are open to the membership. The Executive Committee may appoint committees as needed for club business or activities. There must be four Executive Committee members present to have a quorum. The Executive Committee may conduct necessary business and voting via email and/or phone. Robert's Rules of Order will govern all Executive Committee meetings.

ARTICLE VI Club Meetings: Club meetings shall be held quarterly. Dates, times, and location are to be posted on the club's website or by email to the members. Special meetings may be called by the President and/or five current club members who petition the Executive Committee in writing.

ARTICLE VII Club Elections: The President shall establish a nominating committee at the September Executive Committee meeting. The nominating committee shall consist of one Executive Committee member and one current club member at large. The committee shall ask for nominations from the floor of the September meeting and/or may present a committee nomination list. The committee shall prepare a slate of officers for presentation at the November meeting and request final nominations from the membership.

ARTICLE VIII Amendments to the Constitution: Proposed amendments will be recommended by the Executive Committee or by member petition with at least five current club members signing, and shall be posted on the club's website fifteen days before the next club meeting. Amendments shall be voted on by the club membership at a regularly scheduled meeting. A majority vote of the membership is necessary for the amendment to pass.

ARTICLE IX Miscellaneous: This Constitution shall comply with applicable state and federal regulations.